

Spirit Gymnastics Schedule - Summer 2010: June 28th - September 3rd

www.spiritgym.com

10 weeks of Gymnastics and Pole Vaulting!! Registration begins April 12 and is on-going

CONFIDENCE DISCIPLINE ACHIEVEMENT LAUGHTER STRENGTH

Classes	Description	Length of class	Cost (1x/week)	Age	Times offered				
Preschool					<i>per 09-10 school year</i>				
					Monday	Tuesday	Wednesday	Thursday	Friday
Mommy & Me	Fun, safety, and appropriate group interaction with a goal to develop motor skills & body awareness. We incorporate exciting exercises on traditional gymnastics apparatus.	45 minutes	\$135	Boys/Girls 18 mo. - 3yrs			9:00-9:45am		9:00-9:45am
Early Development		45 minutes	\$145	Boys/Girls 3 - 5 years		10:30-11:15am 6:15-7:00pm	9:00-9:45am	5:15-6:00pm	
Girls Recreational (age as of 09-10 school year)					Monday	Tuesday	Wednesday	Thursday	Friday
Kindergarten	Builds a good foundation of basic gym skills in a safe and fun environment. We best achieve this by dividing the gymnasts into appropriate age groups. We challenge you to improve strength, flexibility & skills and you're allowed to do so at your pace.	60 minutes	\$160	Boys/Girls, kindergarten	11:30am-12:30pm	6:15-7:15pm	11:30am-12:30pm	5:15-6:15pm	
Rec 1		90 minutes	\$210	Girls, 1st & 2nd grade	11:30am -1:00pm	7:00-8:30pm	11:30am-1:00pm	6:00-7:30pm	
Rec 2				Girls, 3rd & 4th grade					
Rec 3				Girls, 5th & 6th grade					
Rec 4				Girls, 7th & 8th grade					
Boys Recreational (age as of 09-10 school year)					Monday	Tuesday	Wednesday	Thursday	
Boys 1	A safe & fun way to increase acrobatic & athletic skills development using our gym's apparatus (vault, bars, beam, floor, p bars, tramp & tumble trak).	60 minutes	\$160	Boys, kindergarten & 1st grade	6:00-7:00pm			6:00-7:00pm	
Boys 2		90 minutes	\$210	Boys, 2nd grade & up	7:00-8:30pm			7:00-8:30pm	
Other Programs (age as of 09-10 school year)					Monday	Tuesday	Wednesday	Thursday	Friday
High School Power Training	For competitive athletes in Jr. & Sr. High School. Offered all 10 weeks of summer session.	3 hours 4x/week	\$120/week	Girls, 8th-12th grade	8:30-11:30am	8:30-11:30am	8:30-11:30am	8:30-11:30am	
Open Gym	Supervised gym time to work on the gymnastics apparatus and skills of your choice.	2 hours	\$10	1st grade & up					11:30am-1:30pm
			\$5	age 3-kindergarten**	**Must be accompanied by parent or guardian				
Pole Vault	Beginners: A great introduction to the sport of Pole Vaulting. Experienced Vaulters: Increase your skills proficiency & enhance your acrobatic talent utilizing both the gymnastics apparatus & vaulting pits. Two 5 week sessions: 1st Session 6/29-7/29 2nd Session 8/3-9/2	Two 5 week Sessions: 2 hours 2x/week	\$270/session	Boys/Girls 8th grade & up		11:00am-1:00pm		11:00am-1:00pm	

ON-LINE REGISTRATION: Visit www.spiritgym.com to register for classes online. Registration starts 4/12.
Less than 3 athletes per group may result in class cancellation or combination with another group.
Gymnasts can/may be moved to different group per ability, coach discretion and parental consent.

MAKE-UPS: Make-ups need be scheduled for an alternate class day during session of missed class. **Email askme@spiritgym.com to schedule.**

TUITION CHART: Reflects one class per week. Tuition sums for each added class, minus appropriate discount(s).

\$20 ANNUAL REGISTRATION FEE: **WAIVED DURING SUMMER GYMNASTICS** (paid upon initial registration during each new school year.)

DISCOUNTS: Tuition & discounts are prorated and rounded to nearest dollar when joining after start of session.

Multiple Class Discount \$20 off total tuition for each additional class

Sibling Discount \$20 off total tuition for each additional sibling

Referral Discount \$20 off total tuition applied next session

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