



MEET SITE: Walker Fieldhouse
Hamline University
1550 Taylor Ave
St. Paul, MN 55104

SCHEDULE: Will be posted at
www.spiritgym.com when it is ready.

Minnesota USA Gymnastics
Level 5/6 Third State Qualifier
November 20th ~ 21st, 2010

MEET FORMAT: Traditional

SANCTIONED: USAG

EQUIPMENT: AAI Super Wide Bars, AAI LZT
Vault Table, AAI Reflex Beam, 40x40 AAI
Palmer Spring Floor, Stratum Boards

AGE GROUP & AWARDS:
Per MN USAG State Handbook

ENTRY FEE:
Individual entry fee: \$45.00
Team Fee: \$40.00

ADMISSIONS:
Adult: \$7
Seniors & Children (under 12): \$5

CONCESSIONS: Available all day

LOCAL HOTELS:
Best Western, Bandana Square:
(651)647-1637
Days Inn St. Paul: (651)645-8681
Radisson University Hotel: (612)379-8888

MEET DIRECTOR:

Doug Byrnes Phone: (651)523-2383
Pamela Sersen Phone: (307)438-1044
Email: dbyrnes@hamline.edu
pamela.spiritgym@gmail.com

Entries must be received by **WEDNESDAY,**
OCT. 20th

Please email entries to:
pamela.spiritgym@gmail.com AND
dbyrnes@hamline.edu

Make checks payable to: Spirit Gymnastics
Mail entries to: Spirit Gym
Hamline University, MS-A1795
1536 Hewitt Ave.
St. Paul, MN 55104



2010 MN USA Gymnastics Third State Qualifier

November 20th-21st, 2010

Spirit Gymnastics

Team Name _____ Club # _____
 Address _____ Phone: (____)____-____
 City _____ State _____ Zip _____ Email: _____
 Contact Person _____ Phone (____)____-____ Email _____

| Coach | USAG # | Background Check | Safety Certified |
|-------|--------|------------------|------------------|
| | | | |
| | | | |
| | | | |

| | Gymnast | Level | USAG# | Birthday |
|----|---------|-------|-------|----------|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Level 5 gymnasts _____ x\$45= _____, level 5 team entry? _____ x\$40= _____
 Level 6 gymnasts _____ x\$45= _____, level 6 team entry? _____ x\$40= _____

TOTAL= _____

Registrations are due by Oct. 20th, 2010.

Email registrations to pamela.spiritgym@gmail.com AND dbyrnes@hamline.edu

Write check to Spirit Gym and mail to Spirit Gymnastics
 Hamline University, MS-A1795
 1536 Hewitt Ave.
 St. Paul, MN 55104